

# THE NAVIGATION

## MENU

### SHARING BOARDS

BAKERY:	RUSTIC BREAD, OLIVES, SELECTION OF OILS AND BUTTERS	6.95
DAIRY:	BOXED BAKED CAMEMBERT, FIG CHUTNEY, RUSTIC BREAD	8.95
BUTCHERS:	PASTRAMI, DORSET AIR DRIED BEEF, SALAMI, SMOKED CHICKEN & CHORIZO TERRINE, CONFIT GARLIC, FIG CHUTNEY, RUSTIC BREAD	14.95
GARDEN:	STUFFED ARTICHOKE HEARTS, BELL PEPPERS, HUMMUS, PITA BREADS, BAKED CAMEMBERT & TRUFFLE HONEY	13.95
SEA:	POTTED CRAB, SMOKED SALMON, CREVETTES, COD PAKORA, SPELT BREAD	14.95

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### STARTERS

DORSET AIR DRIED BEEF, CONFIT GARLIC AND ROASTED FIG	6.50
SMOKED CHICKEN & CHORIZO TERRINE, CHICKPEA PUREE	6.95
POTTED CRAB, SOUSED CUCUMBER & FENNEL SALAD, SPELT TOAST	6.95
DEEP FRIED ARTICHOKE HEARTS, CHILLI JAM, ROCKET	5.95
CHEF'S SOUP OF THE DAY	4.50

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### EITHER/OR

SUPER FOOD SALAD OF QUINOA, TENDER STEM BROCCOLI, PICKLED POMEGRANATE, RED CABBAGE, SUNFLOWER SEEDS, VINE TOMATOES & BALSAMIC	6.50/12.95
CHICKEN CAESAR SALAD, BABY GEM, ANCHOVIES, PANCETTA, CROUTONS	6.95/12.95
SEARED TUNA, CHICKPEA CASSOULET, CHARRED GEMS	7.95/13.95
FRESH SOUTH COAST MUSSELS, CIDER AND BACON	6.95/12.95

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### MAINS

PAN FRIED RIB EYE STEAK, VINE TOMATOES, FLAT MUSHROOMS, BURNT ONION PUREE, & HAND CUT CHIPS	20.95
PIRI PIRI CHICKEN, MINTED SLAW, SKINNY FRIES, SWEETCORN SALSA	12.95
LAPWORTH GOLD BATTERED COD, HAND CUT CHIPS, MUSHY PEAS, TARTAR SAUCE	12.95
KING PRAWN LINGUINE, SPICED TOMATO SAUCE, FRESH PARMESAN	13.95
THAI FISH CURRY, GINGER AND SAFFRON BASMATI RICE	12.95
ROASTED BELL PEPPERS, SPINACH AND CAMEMBERT LINGUINE	11.95
VEGGIE JERK BURGER, SWEETCORN SALSA, AVOCADO, MINTED SLAW, SWEET POTATO FRIES	12.95
HOUSE BURGER, SLAW, TOMATO AND CORIANDER RELISH, FRENCH FRIES	12.95
ADD: CHORIZO, BACON, STILTON, PASTRAMI, SMOKED APPLEWOOD, PULLED PORK	1.00

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### SIDES

HAND CUT CHIPS	2.95	SWEET POTATO FRIES	3.25
FRENCH FRIES	2.95	GARDEN SALAD	2.95
HUMMUS & PITTA BREADS	2.95	MINTED SLAW	2.95
ONION RINGS	2.95	MACARONI CHEESE	2.95

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*All of our food is prepared in a kitchen where nuts, gluten and other allergens are present. please note all chips are cooked in oil that contains trace gluten.*

*Our menu descriptions do not include all ingredients. If you have a food allergy please let our team know prior to ordering. As our food is freshly prepared, there may be a delay during busy times. Thank you for your patience.*